

Pleasure Rituals

PLEASURE: A FEELING OF HAPPY SATISFACTION and Enjoyment

"Humans and other conscious animals find pleasure enjoyable, positive or WORTH SEEKING"

(All-Knowing-Wikipedia-Oracle)



Why is pleasure so scary, Moon Babies?
 So upsetting? So creepy? So...shameful?

When one is in their pleasure, they are less susceptible to shame.

When we are free of shame we are less tame. It becomes difficult to trick us. It becomes difficult to prey on our insecurity.

We are less prone to servitude and burnout. We are less sorry, craving and clinging. When we fling off shame, we become problematic for our culture. We stray from the program. We defy expectations.

We become more whole beings.

THERE IS A TON OF POWER IN PLEASURE

Pleasure
IS DIVINE
and
SORCERY
IS FUN.



MAKE ROOM FOR THE MAGICK OF PLEASURE

We can draw more pleasure into our lives by giving it a place to take up residence.

Consider setting up an altar devoted to Pleasure: a candle in a succulent color, images that conjure feelings of delight, a candy dish full of mementos from a fun trip, a jar of honey, a vintage porcelain cup and your favorite tea, your best-loved novel, delicious incense...
ANYTHING that makes you feel fun, playful, and pleasurable.



PLEASURE DIVING

Divination can provide a break in the noise. A pattern interrupt.

Divination experiences can be like little flowers popping up through the cracks in the pavement- a space for fresh life force to break through into our imagination.

Tarot cards, oracle cards, runes, pendulums, bibliomancy, charm kits and stones are ALL useful tools for tapping into deeper understanding of ourselves and our pleasure.

3 CARD SPREADS

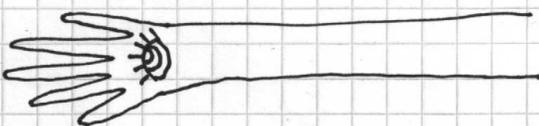
♥ MIND ♥ BODY ♥ SPIRIT

- HOW CAN I BEAUTIFY MY THOUGHTS?
- HOW CAN I HONOR MY BODY?
- WHAT DOES MY SOUL CRAVE?



♥ CARE ♥ SHARE ♥ EXPLORE

- * HOW CAN I NURTURE MY PLEASURE?
- * HOW COULD I NUTURE PLEASURE AROUND ME?
- * WHAT PLEASURE IS AVAILABLE NOW?



WE ARE never alone
WHEN we HAVE the MOON, THE talking TREES and 1000 SINGING BIRDS to KEEP US COMPANY.

MICRO RITUALS FOR MAXIMUM SUCCULENCE

Charm a piece of jewelry (whisper to it, bless it, leave it on your pleasure altar) for remembering your JUCINESS

Watch animals and plants enjoying themselves and follow their lead!

Write down one yummy experience each day and place it in a bowl on your pleasure altar. YUM.

Arrange a get together, party or rendezvous during the full moon. (We less inhibited when the moon is full!)

Drink hibiscus tea to stimulate loving feelings, sexy self confidence and beautiful dreams.
DELISH!



Boast with the Chimeras.





Keep a party favor in your pocket as a talisman so fun knows where to find you.

REST HOWEVER YOU PLEASE. Nap in a hammock. Doze on the sofa. Dream in a blanket fort. Lounge with your eyes closed.

Bathe luxuriously or do WHATEVER flips your pleasure switch on Fridays. Friday corresponds with Venus- the planet/goddess/intelligence/energy of love, luxury, beauty and PLEASURE.

Create a rhyme/prayer/chant to use while you prepare food-- think maximum enjoyment.

Wear something that will attract attention of the Spirit of Pleasure: a purple faux fur coat, jangly boots, a swishy sequin skirt, a belt buckle the size of Texas.



☆
♥ INVENT YOUR OWN FLAVOR
of Pleasure ♥ ☆

WITCH ON WITCH BOLDLY & BE WELL

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